



**Nourishing
Community**
www.agapetable.ca



**Please support Agape Table
during this Easter Season**

**Donate online at www.agapetable.ca or use the
form inside this newsletter. Thank you!**

Message from the Executive Director



*Jim Steep
Executive Director*

Thank you everyone for your support of Agape Table! It was another very busy year for staff and volunteers in 2023 as we served over 140,000 meals and provided over 15,000 food hampers to those in need. We were also busy filling thousands of requests for clothing, hygiene products, diapers and other necessities and were able to assist many other non-profits that needed our help. None of this would be possible without you, our loyal donors!

I'd also like to thank our amazing staff whose commitment to our cause of nourishing the community is unwavering. Most of our staff members were previously volunteers and/or guests of Agape Table prior to joining our team. It has

been incredible to hear them talk about their life transformations that have occurred since they first came to Agape Table. Thanks to our dedicated volunteers and the generosity and kindness of you, our donors, we continue to witness these miracles.

Our current goal is expanding our services to those in need through our mission of securing "A New Home for Agape Table".

**On behalf of Agape Table, we
wish you all good health as we
enjoy the coming of spring!**

Sincerely,

Jim Steep

Executive Director Agape Table

Volunteer Spotlight



What can I say about Agape Table? I don't know where I would be without it. Agape has amazing caring people working there that would go out of their way to help someone in need.

I started volunteering at Agape 2 times a week then it switched to everyday doing more and more things. My mental health was so bad when I first started, but just being in a place like Agape around the staff and volunteers really helped me. I knew I was helping and making a difference in people's lives.

I knew from volunteering at Agape for over a year, that helping people was what I was meant to do. The way everyone is treated like family is amazing. After a while I started helping with the food bank, handing out hampers Tuesday and Thursday to those in need.

Because of Agape Table I was able to move forward with my life knowing I have that support whenever I need it. With my newfound confidence, and Dave's help with different paperwork, I was able to enroll in Opportunities for Employment to upgrade my schooling. With the help of Agape Table and the training I received from OFE, I now have not 1 but 2 jobs and my self-confidence back.

I am now off of social assistance, and honestly, I don't think I would have been able to move forward like this without my newfound family at Agape Table.

Thank you for everything you do, and all the people you help!

Donna B.



Message from the Volunteer Coordinator

With the snow melting and spring quickly approaching, I would like to thank all the amazing Volunteers who chose to serve our community at Agape Table. All your time spent and love given has directly impacted the lives of those who need it most.

Volunteering at Agape Table helps build relationships, strengthens our community and brings a little bit of joy to the daily lives of our guests. Agape Table is open EVERY Monday to Friday. The need for new and returning volunteers to get involved at Agape Table is daily, all year long.

Agape Table welcomes you, your family, co-workers and friends to come build memories and be a part of our guests' journey. To volunteer at Agape Table, contact myself Aaron@agapetable.ca or call 204.786.2370

Happy Easter, Manitoba!

Aaron Scarff

Volunteer Coordinator

Message from the Board of Directors



Happy spring to all our friends of Agape Table, from the Board of Directors.

Spring is a time of renewal, new

growth, and hope for the future. We wish that for all of you.

Agape Table continues to work hard and support the community, in particular the guests who rely on us for food security. Rising food prices as well as other factors have led to an increased demand for our services.

We are excited about the future of Agape Table. The people of Winnipeg and Manitoba continue to support us in so many ways, by donating food, money, and time to ensure that meals are available to those in need. We truly appreciate all our donors.

Cathie Umlah

Board Chair



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AGAPE TABLE
SAVE THE DATE
August 15, 2024
Agape Table's 6th Annual Golf Tournament
Players & Sponsors Needed
Register at Agapegolf.ca



Message from the General Manager



The magic that happens at Agape Table never ceases to amaze me.

On any given day when you look on our floor we have Ukrainian refugees, newcomers, practicum students, work teams, retirees, people working

off fines, and some people that might be considered guests.

Magically these people come together for a common goal, to give of themselves to help out the marginalized community of Winnipeg. It is truly a site to behold.

In 2023 Agape Table served just shy of 147,000 meals and handed out over 15,000 food hampers to those in need.

We couldn't do it without the volunteers on our floor and donors like you that assist us each and every day to help the marginalized community of Winnipeg.

Whether you are a group looking for a team building exercise, a sports team, a family, or an individual and wanting to give back to our community, come down and be part of the magic that we see every day.

**From our staff and guests
Happy Easter!**

Dave Feniuk



**Your generosity
changes lives!**

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to Agape Table



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Here is my gift of: \$500 \$100 \$50 \$25 Other _____

If you would like to become a **Monthly Donor** please call **204-783-6369**

I prefer Visa Master Card # _____ Expiry date _____

Visit www.agapetable.ca or send in this form with your cheque or credit card information

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